



## Risk Factors for Malnutrition

### Medical problems

Recent surgery or trauma

Sepsis

Chronic illness

### Gastrointestinal disorders

Anorexia, other eating disorders

Dysphagia

Recurrent nausea, vomiting, or diarrhea

Pancreatitis

Inflammatory bowel disease

Gastrointestinal fistulas

### Psychosocial problems

Alcoholism, drug addiction

Poverty, isolation

Disability

### Abnormal diet

Fad or limited diet

Recent decrease in food intake

Adapted from Kelly KG. Advances in perioperative nutritional support. *Med Clin North Am* . 1993;77:465-475.